



#### Bismillāhir Rahmānir Rahīm

#### A Beautiful Supplication of Sayyidunā Rasūlullāh Sallallāhu 'alayhi wa sallam

Sayyidinā Ibn Umar Radiyallāhu `anhu reports that rarely would Rasūlullāh sallallāhu 'alayhi wa sallam stand up from any gathering without making the following supplication:

َ اللّهُمَّ اقْسِمْ لَنَا مِنْ خَشْيَتِكَ مَا يَحُوْلُ بَيْنَنَا وَبَيْنَ مَعْصِيَتِكَ ، وَمِنْ طَاعَتِكَ مَا ثُبَلِّغُنَا بِهِ جَنَّتَكَ ، وَمِنَ الْيَقِيْنِ مَا يُهَوِّنُ عَلَيْنَا مَصَائِبَ الدُّنْيَا ، اللّهُمَّ مَتِّعْنَا بِأَسْمَاعِنَا وَأَبْصَارِنَا وَقُوَّتِنَا مَا أَحْيَيْتَنَا ، وَاجْعَلْهُ الْوَارِثَ مِنَّا ، وَاجْعَلْ ثَأْرَنَا عَلَي مَنْ طَلَيْنَا ، وَلا تَجْعَلِ الدُّنْيَا أَكْبَرَ هَمِّنَا وَلا مَبْلَغَ عِلْمِنَا ، وَلَا تُسَلِّطُ طَلَمَنَا ، وَلا تُسْلَطْ عَلْمِنَا ، وَلا تُسْلَطْ عَلْمِنَا ، وَلا تُسْلَطْ عَلْمِنَا ، وَلا يُرْحَمُنَا.

Transliteration: Allāhummaqsim lanā min khash yatika mā yahūlu baynanā wa bayna Ma'siyatik. Wa min Tā'atika mā tuballighunā bihī Jannatik. Wa minal Yaqīni mā Yuhawwinu 'alaynā masāibad dunyā. Allāhumma matti'na bi asmā'inā wa absārinā wa quwwatinā mā ahyaytanā. Waj 'alhul wāritha minnā. Waj'al tha-ranā 'alā man dhalamanā wansurnā 'alā man 'ādānā. Wa lā taj'al musībatanā fī dīninā wa lā taj'alid dunyā akbara hamminā wa lā mablagha 'ilminā. Wa lā tusallit 'alaynā man lā yarhamunā.

#### <u>Translation and explanation:</u>

O Allāh Grant us such a portion of

- Your fear [that is fused with the realization of Your greatness] that will be a barrier between us and Your disobedience;
- [Grant us] Your obedience that, by [virtue of] it, You will usher us into Your Jannah;
- [Grant us] Conviction [on You and that none can repel Your Decree and that whatever You decree definitely has wisdom and benefit for me] through which You will make the trials of the world easy for us to bear.

O Allāh! Allow us to benefit from our hearing, eyesight and strength as long as You keep us alive [as we need these to recognize Your Greatness, to gain the knowledge of Your Dīn and to perform Your obedience] and let [ the benefit of] these last after our death [that people continue to benefit from our talks, deeds and efforts even though we have left this world]. Make our revenge [and aggression] be against those who have oppressed us [only and let us not be from those who exceed the bounds when taking revenge] and help us against those who oppose us.

Don't allow any calamity afflict us in our Dīn [by us having incorrect beliefs, being lax in Your worship, sinning or consuming Harām etc.]

Let not the [material things of this] world be our greatest concern and let it not be that our knowledge is confined to it only. [Rather grant us beneficial knowledge of Dīn that will help us in obeying you].

Do not allow those who have no mercy upon us to have authority over us [i.e. save us from being ruled by oppressors as they can only rule over us if You allow them. So inspire us to do such actions that will bring merciful rulers over us]



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#### Duās for Laylatul Qadr

Ummul Muminīn Āishah Radiyallāhu 'Anhā narrated that she asked Rasūlullāh sallallāhu 'alayhi wa sallam, "O Messenger of Allāh! If I recognize Laylatul Qadr what should I say?" He said, "Say:

Transliteration: Allāhumma Innaka 'Afuwwun Tuhibbul 'Afwa Fa'fu 'Annī Translation: O Allāh! You are Most forgiving. You love forgiving so forgive me. (*Tirmidhi* [3513], *Ahmad* [25384])

She would also say, "If I knew which night was Laylatul Qadr, most of my Du'ā would be to ask Allāh for forgiveness and 'Āfiyah ['Āfiyah encompasses all good conditions and safety from all types of difficulties]

(Sunan Kubrā - Nasai [10648])

The following Du'ā could be made:

## اَللَّهُمَّ إِنِّيْ أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ

Transliteration: Allāhumma Innī As-alukal 'Afwa wal 'Āfiyah Translation: O Allāh! I beg from you forgiveness and 'Āfiyah.



### بسم الله الرحمان الرحيم

## Beautiful Sunnah Du'ās: #3

Sayyidunā Anas (ra) reports, "When Rasūlullāh would retire to bed, he would say:"

# اَلْحَمْدُ لِلّهِ الَّذِيْ أَطْعَمَنَا وَ سَقَانَا وَكَفَانَا وَ آوَانَا فَكُمْ مِّمَّنْ لاَّ كَافِيَ لَهُ وَ لاَ مُؤْوِيَ

TRANSLITERATION: ALḤAMDU LILLĀH AL-LADHĪ AṬʿAMANĀ WA SAQĀNĀ WA KAFĀNĀ WA ĀWĀNĀ, FA KAM MIMMAN LĀ KĀFIYA LAHŪ WA LĀ MU WĪ

Translation: All praise belongs to Allah, who granted us (that which we could) eat and drink. He also sufficed us and sheltered us. How many are there who have none to take pity upon them by sufficing them and granting them shelter. [Saḥīḥ Muslim 2715, Abū Dāwūd 5053]



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### Beautiful Sunnah Du'as #4

The blessed wife of Rasūlullāh ﷺ, Umm Salamah (ra) reports that she asked Nabī ﷺ to teach her a du'ā. He ﷺ said to her, Say:

اَللَّهُمَّ رَبَّ النَّبِيِّ مُحَمَّدٍ اغْفِرْ لِيْ ذَنْبِيْ وَ أَذْهِبْ غَيْظَ قَلْبِيْ وَ أَجِرْنِيْ مِنْ مُضِلَّاتِ الْفِتَنِ مَا أَحْيَيْتَنَا

TRANSLITERATION: ALLĀHUMMA RABBAN NABIYYI MUḤAMMADIN, IGHFIR LĪ DHANBĪ WA ADH-HIB GHAYZA QALBĪ WA AJIRNĪ MIN MUṬILLĀTIL FITAN MĀ ĀḤYAYTANĀ

Translation: O Allāh! The Rabb of Muḥammad {ﷺ}; forgive my sins, remove the anger of my heart and protect me from trials which cause deviation as long as you keep us alive. [Musnad Ahmad 26576]

Note: In this short Du'ā, three major causes of harm are being **subdued**, viz. **sins, anger** and **fitnahs** (trials). We should also try to include it in our daily du'ās.



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## Beautiful Sunnah Du'as #5

Rasūlullāh said : Whoever says this in the morning, the shukr that is due upon him for the day will be fulfilled and whoever says it in the evening, the shukr that is due upon him for that night will be fulfilled:

اللَّهُمُّ مَا أَصْبَحَ بِيْ مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيْكَ لَكَ فَلَكَ الْحَمْدُ وَلَكَ الشُّكْر

TRANSLITERATION: ALLĀHUMMA MĀ ASBAHA BĪ MIN NI MATIN AW BI AHADIN MIN KHALQIK FA MINKA WAHDAK LĀ SHARĪKA LAK FA LAKAL HAMD WA LAKASH SHUKR

<u>Translation</u>: O Allāh! Whatever bounty I find upon myself or any other creation of Yours in this morning/evening, it is only from You. You have no partner. For you is all praise and gratitude. [Sahih Ibn Hibban 496]

<u>Note:</u> In the evening, the *underlined word* should be *changed* to اُمْسَى (AMSĀ)



بسم الله الرحمن الرحيم

## Beautiful Sunnah Du'ās: #6

Sayyidunā Ali (ra) said to a slave who could not pay his master, "Should I not teach you words that Nabi a taught me? They are such that even if you have debts equal to Mount Seer, Allah will fulfil them for you. Say:"

اَلَّلهُمَّ اكْفِيْ بِحَلَالِكَ عَنْ حَرَامِكَ وَ اَغْنِيْ بِفَضْلِكَ عَمَّنْ سِوَاكَ

TRANSLITERATION: ALLAHUMAKFINEE BIHALAALIK `AN HARAAMIK WA AGHNINEE BI FADLIKA `AMMAN SIWAAK.

Translation: O Allah, suffice me through Your Halaal (sustenance), saving me from haram and suffice me with Your bounty, saving me from all besides Yourself [Sunan Tirmidhi 3563]



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### Beautiful Sunnah Du' aas #7

Ummu Salamah , the noble spouse of Rasūlullāh reports that he would say after the Fajr Salaah:



TRANSLITERATION: ALLĀHUMMA INNI AS`ALUKA `ILMAN NAAFI`AA WA RIZQAN TAYYIBA WA AMALAN MUTAQABBALA.

Translation: O Allāh! I seek from You beneficial knowledge, pure sustenance and deeds which are accepted (by You) [Ibn Majah 925]

Note: Despite its **brevity**, this Du`aa is indeed **comprehensive**. **Success** lies in doing that which is **accepted by Allah** . Amongst the **pre-conditions** for acceptance is: having sound knowledge and pure sustenance!



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## Beautiful Bunnah Du'aas #8

In an era wherein Muslims are increasingly becoming targets of oppression, an apt Du'aa from the Qur'aan is:

رَبَّنَا لَا تَجْعَلْنَا فِتْنَةً لِلْقَوْمِ الظَّالِمِيْنَ وَ نَجِّنَا بِرَحْمَتِكَ مِنَ الْقَوْمِ الْكَافِرِيْنَ نَجِّنَا بِرَحْمَتِكَ مِنَ الْقَوْمِ الْكَافِرِيْنَ

TRANSLITERATION: RABBANA LĀ TAJ`ALNĀ FITNATAN LIL QAWMIZ ZĀLIMEEN WA NAJJINĀ BI RAḤMATIKA MINAL QAWMIL KAAFIREEN

Translation: O Our Rabb! Do not make us (face a) trial (at the hands of) the oppressive nation and save us through Your mercy from the disbelievers. [Yunus: 85]

This Duaa was made by the nation of Musa . Prior to making the du`aa, he instructed them to rely upon Allah (tawakkul). Thereafter they were instructed by Allah to perform Salaah in the Masjid. Through the blessings of this, protection against oppressors will be gained. [Aalusi]



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### Beautiful Sunnah Du' aas #9

An important Sunnah of Rasulullah is is istighfar. It is important throughout our lives but with the approach of Ramadaan, it is all the more important. Nabi is said, O people, repent to Allah and seek His forgiveness for indeed I repent one hundred times in a day. An easy form of istighfar is:



### **TRANSLITERATION: ASTAGHFIRULLAHA WA ATOOBU ILAYH**

Translation: I seek the forgiveness of Allah and I repent to Him.

Benefits of excessive istighfar:

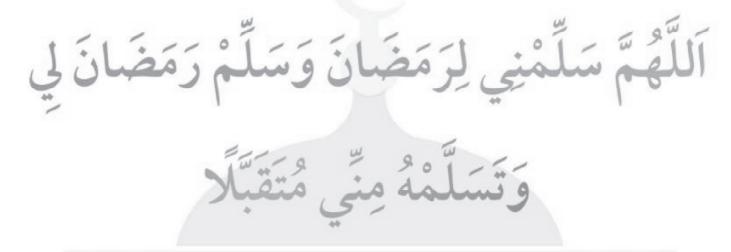
- Forgiveness of sins [Surah Nisaa:104]
- ➤ It earns us the mercy of Allah [Surah Naml:46] and keeps away His punishment [Surah Anfal:17]
- ➤ It draws rain [Surah Nuh:11], wealth, children and good living conditions [Surah Nuh:11-13]
- It relieves one of grief and worry and earns the help of Allah in difficult situations [Ibn Majah 1504]



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### Beautiful Bunnah Du'aas #10

Tabarani reports that Rasulullah sould make this duaa upon the commencement of Ramadaan:



TRANSLITERATION: ALLAHUMMA SALLIMNEE LI RAMADAAN WA SALLIM RAMADAANA LEE WA TASALLAMHU MINNEE MUTAQABBALA

Translation and meaning: O Allah protect me for Ramadaan, (so I may be able to fast), preserve Ramadaan for me (so I do not miss one of its days due to incorrect moonsighting etc.) and (protect me from sins so that You may) accept it from me. [Refer: al-Nihayah]